

Worth Your Salt

Unlike the common salt, the **Celtic Sea Salt®** has over 80 minerals which offers many health benefits.



The **Celtic Sea Salt®** is a brand of high quality sea salt from the Brittany Coast of France. The salt is hand-harvested in the traditional method of 'salt farming' that has been practiced for centuries.

The story of the **Celtic Sea Salt®** began when the Celts discovered a way to harvest salt from the ocean using the sun, the wind and shallow clay ponds. The pristine ocean channels spiral water into the concentrating ponds.

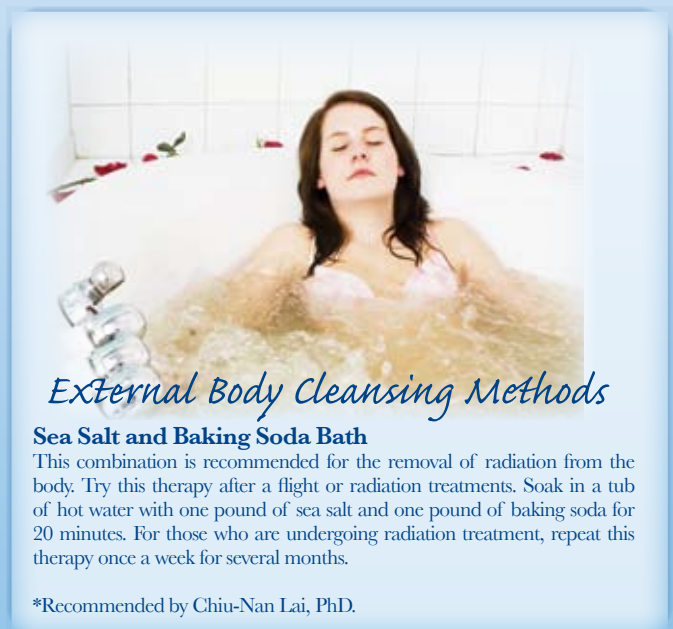
The flowing mixture is carefully stirred by the salt farmer, and the dazzling crystals formations are gathered by hand with wooden tools to preserve the mineral content and contains almost all elements found in sea water.

The **Celtic Sea Salt®** is unrefined and unadulterated, with no anti-caking additives for bleaching. Pure, moist, biologically active and free from any chemicals or additives, the **Celtic Sea Salt®** is highly recommended by health professionals and culinary chefs. It provides your body with over 80 minerals while enriching the flavour of food.

Unrefined Salt's Effect on the Body

Our bodies possess three 'internal oceans': blood plasma, lymphatic fluid, and extracellular fluid. These fluids contain concentrations of sodium and chloride, balanced by other minerals like magnesium, calcium, potassium, and various trace minerals.

These fluids bathe and nourish the cells throughout a person's life. In addition, chloride is required by the body to make hydrochloric acid for digestion. From the moment of conception humans are never without a need for salt. However, what we don't need is toxic, refined table salt.



External Body Cleansing Methods

Sea Salt and Baking Soda Bath

This combination is recommended for the removal of radiation from the body. Try this therapy after a flight or radiation treatments. Soak in a tub of hot water with one pound of sea salt and one pound of baking soda for 20 minutes. For those who are undergoing radiation treatment, repeat this therapy once a week for several months.

*Recommended by Chiu-Nan Lai, PhD.

Less than 1% of the world's salt harvest has the quality of **Celtic Sea Salt®**. Living, unrefined and unadulterated salt like **Celtic Sea Salt®** is the way salt is meant to be. The salt comes in light grey coarse 400g and 200g packets and stone-ground fine 200g packet.

Celtic Sea Salt® is a registered trademark internationally and in Malaysia. It is solely distributed by **Radiant Code Sdn Bhd**.

Website: <http://www.radiantwholefood.com.my/>

Available at all Jaya Jusco outlets, Cold Storage, Giant Supermarkets and Hypermarkets, Isetan, Guardian, GNC and Hock Choon.